



MISSOURI STAR  
— QUILT CO. —

# TWO STEP

quilt pattern for 2½" strips

74½" x 83"



# TWO STEP

We love a cheerful quilt, especially if it can be put together quickly and easily. It only takes a couple of steps to make this simple block! Stitch it up and lay it out with a few twists and turns, and soon it will be dancing off to be quilted.

## 1 cut

From the background fabric, cut:

- (7) 5" strips across the width of the fabric – subcut each strip into (8) 5" squares for a **total of 56.**

Set the remainder of the fabric aside for the inner border.

From the outer border fabric, cut:

- (2) 2½" strips across the width of the fabric and add them to the (40) 2½" strips from the roll. Set the remainder of the fabric aside for the border.

## 2 make strip sets

Sew (2) 2½ print strips together along the long edges with right sides facing. Open and press the seam allowances toward the darker fabric. **Make 21. 2A**



Cut each of 7 strip sets into (8) 5" increments for a **total of 56**.

Cut each of the remaining 14 strip sets into (4) 9" increments for a **total of 56**.

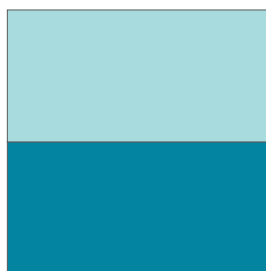
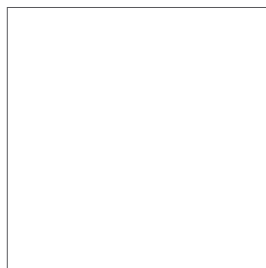
## 3 block construction

Stitch (1) 5" strip set to 1 side of a 5" background square. **3A**

Add (1) 9" strip set to the adjacent side as shown to complete the block. **Make 56. 3B**

**Block Size:** 9" unfinished,  
8½" finished

**3A**

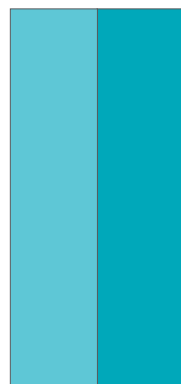


## 4 arrange & sew

Lay out the blocks in rows. Each row is made up of **7 blocks** and **8 rows** are needed. Refer to the diagram on pg. 5 and notice how every other block is turned ¼ turn from the preceding block. After the blocks have been sewn into rows, press the seam allowances of the odd-numbered rows toward the right and the even-numbered rows toward the left to make the seams "nest."

Sew the rows together to complete the center of the quilt.

**3B**



## 5 inner border

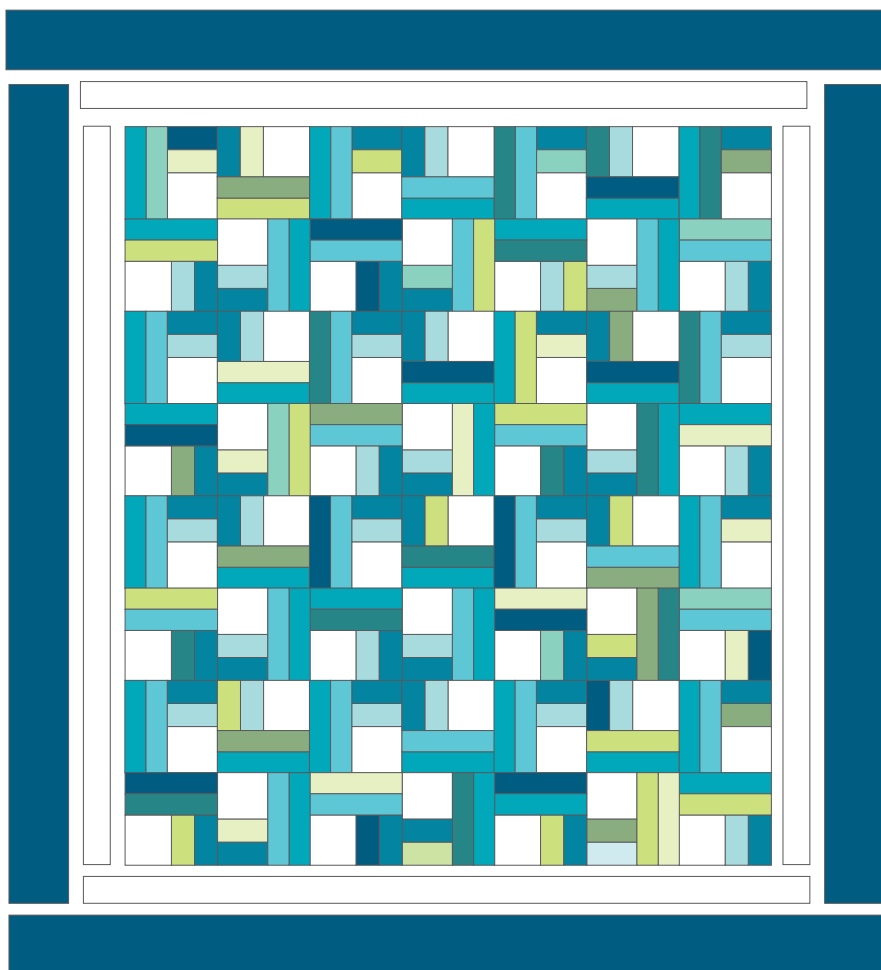
From the inner border fabric, cut (7)  $2\frac{1}{2}$ " strips across the width of the fabric. Sew the strips together to form 1 long strip. Trim the inner borders from this strip. Refer to Borders (pg. 6) in the Construction Basics to measure, cut, and attach the borders. The approximate lengths of the strips are  $68\frac{1}{2}$ " for the sides and 64" for the top and bottom.

## 6 outer border

From the border fabric, cut (8) 6" strips across the width of the fabric. Sew the strips together end-to-end to form 1 long strip. Trim the outer borders from this strip. Refer to Borders (pg. 6) in the Construction Basics to measure, cut, and attach the borders. The approximate lengths of the strips are  $72\frac{1}{2}$ " for the sides and 75" for the top and bottom.

## 7 quilt & bind

Layer the quilt with batting and backing then quilt. See Construction Basics (pg. 6) to finish your quilt.



## additional resources

visit our online store:

contact us via email:

come see us:

check out our video tutorials:

[www.missouriquiltco.com](http://www.missouriquiltco.com)

[info@missouriquiltco.com](mailto:info@missouriquiltco.com)

114 north davis street

hamilton, missouri 64644

[youtube.com/missouriquiltco](https://youtube.com/missouriquiltco)



# Construction Basics

## general quilting

- All seams are  $\frac{1}{4}$ " unless directions specify differently.
- Precuts are not prewashed, so do not prewash other fabrics in the project.
- Remove all selvages.

## press seams

- Set the temperature of the iron on the cotton setting.
- Set the seam by pressing it just as it was sewn, right sides together.
- Place the darker fabric on top, lift, and press back.
- Press seam allowances toward the borders unless directed otherwise.

## borders

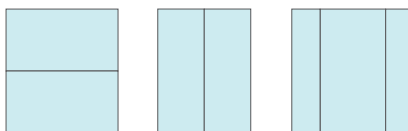
- Always measure the quilt top in 3 different places vertically before cutting side borders.
- Start measuring about 4" in from the top and bottom.
- Take the average of those 3 measurements.
- Cut 2 border strips to that size. Piece strips together if needed.
- Attach 1 to either side of the quilt. Position the border fabric on top as you sew to prevent waviness and to keep the quilt straight.
- Repeat this process for the top and bottom borders, measuring the width 3 times. Include the newly attached side borders in your measurements.

## backing

- Measure the quilt top vertically and horizontally. Add 8" to both measurements to make sure

you have an extra 4" all the way around to make allowance for the fabric that is taken up in the quilting process as well as having adequate fabric for the quilting frame.

- Trim off all selvages and use a  $\frac{1}{2}$ " seam allowance when piecing the backing. Sew the pieces together along the longest edge. Press the seam allowance open to decrease bulk.
- Use horizontal seams for smaller quilts (under 60" wide), vertical seams for larger quilts.
- Don't hesitate to cut a length of fabric in half along the fold line if it means saving fabric and makes the quilt easier to handle.
- Choose a backing layout that best suits your quilt. Note: Large quilts might require 3 lengths.



## binding

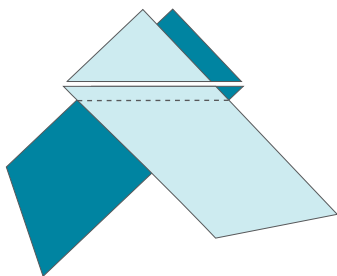
*find a video tutorial at: [www.msqc.co/006](http://www.msqc.co/006)*

- Use  $2\frac{1}{2}$ " strips for binding.
- Sew strips together end-to-end into 1 long strip using diagonal seams, a.k.a. plus sign method (next page). Press seams open.
- Fold in half lengthwise with wrong sides together and press.
- The entire length should equal the outside dimension of the quilt plus 15" - 20".

## plus sign method

find a video tutorial at: [www.msqc.co/001](http://www.msqc.co/001)

- Lay 1 strip across the other as if to make a plus sign right sides together.
- Sew from top inside to bottom outside corners crossing the intersections of fabric as you sew. Trim the excess fabric  $\frac{1}{4}$ " away from the sewn seam.
- Press seam(s) open.



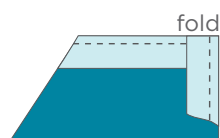
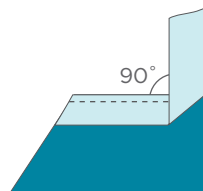
## attach binding

- Match raw edges of the folded binding to 1 edge of the top of the quilt.
- Leave a 10" tail at the beginning.
- Use a  $\frac{1}{4}$ " seam allowance.
- Start sewing in the middle of a long straight side.

## miter corners

- Stop sewing  $\frac{1}{4}$ " before the corner.
- Move the quilt out from under the presser foot.
- Flip the binding up at a  $90^\circ$  angle to the edge just sewn.
- Fold the binding down along the next side to be sewn, aligning raw edges.

- The fold will lie along the edge just completed.
- Begin sewing on the fold.



## close binding

- Stop sewing when you have 12" left to reach the start.
- Where the binding tails come together, trim excess leaving only  $2\frac{1}{2}$ " of overlap.
- Pin or clip the quilt together at the 2 points where the binding starts and stops to take the pressure off of the binding tails.
- Use the plus sign method to sew the 2 binding ends together, except this time, match the edges. Using a pencil, mark your sewing line and stitch.
- Trim off excess; press the seam open.
- Fold in half with wrong sides together and align all raw edges to the quilt top.
- Sew this last binding section to the quilt. Press.
- Turn the folded edge of the binding around to the back of the quilt and tack in place with an invisible stitch or machine stitch.

# Two Step

PAT1681

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## SAMPLE QUILT

Zola by June Bee for Ink and Arrow Fabrics

## QUILT SIZE

74½" X 83"

## BLOCK SIZE

9" unfinished, 8½" finished

## QUILT TOP

1 roll of 2½ print strips

1¾ yards background fabric -  
includes inner border

## OUTER BORDER

1¾ yards - includes (2) 2½" strips

## BINDING

¾ yard

## BACKING

5 yards - vertical seam(s) or  
2½ yards 108" wide



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